

*Disaster Prevention Learning  
in elementary school  
after the Great East Japan Earthquake*

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*2019.7.23 Koya Elementary School,  
Watari town*



# Lesson

learnt from the Great East Japan Earthquake and tsunami

- ***Understand disasters previously***
- ***Prepare for disasters in advance***

- **No.1 method:**  
**Experience**



- **No.2 method:**  
**Education**



*Eight years ago,  
the catastrophe  
occurred in Miyagi.*



***You were 1 years old***

***if you are now a 4<sup>th</sup> grader.***

***You were 2 years old***

***if you are now a 5<sup>th</sup> grader.***

***You were 3 years old***

***if you are now a 6<sup>th</sup> grader.***





*You were **0** year old baby*

*if you are now a 3<sup>rd</sup> grader.*

▪

▪

▪

*if you are now a 2<sup>rd</sup> grader.*

*if you are now a 1<sup>rd</sup> grader.*







2011/10/26

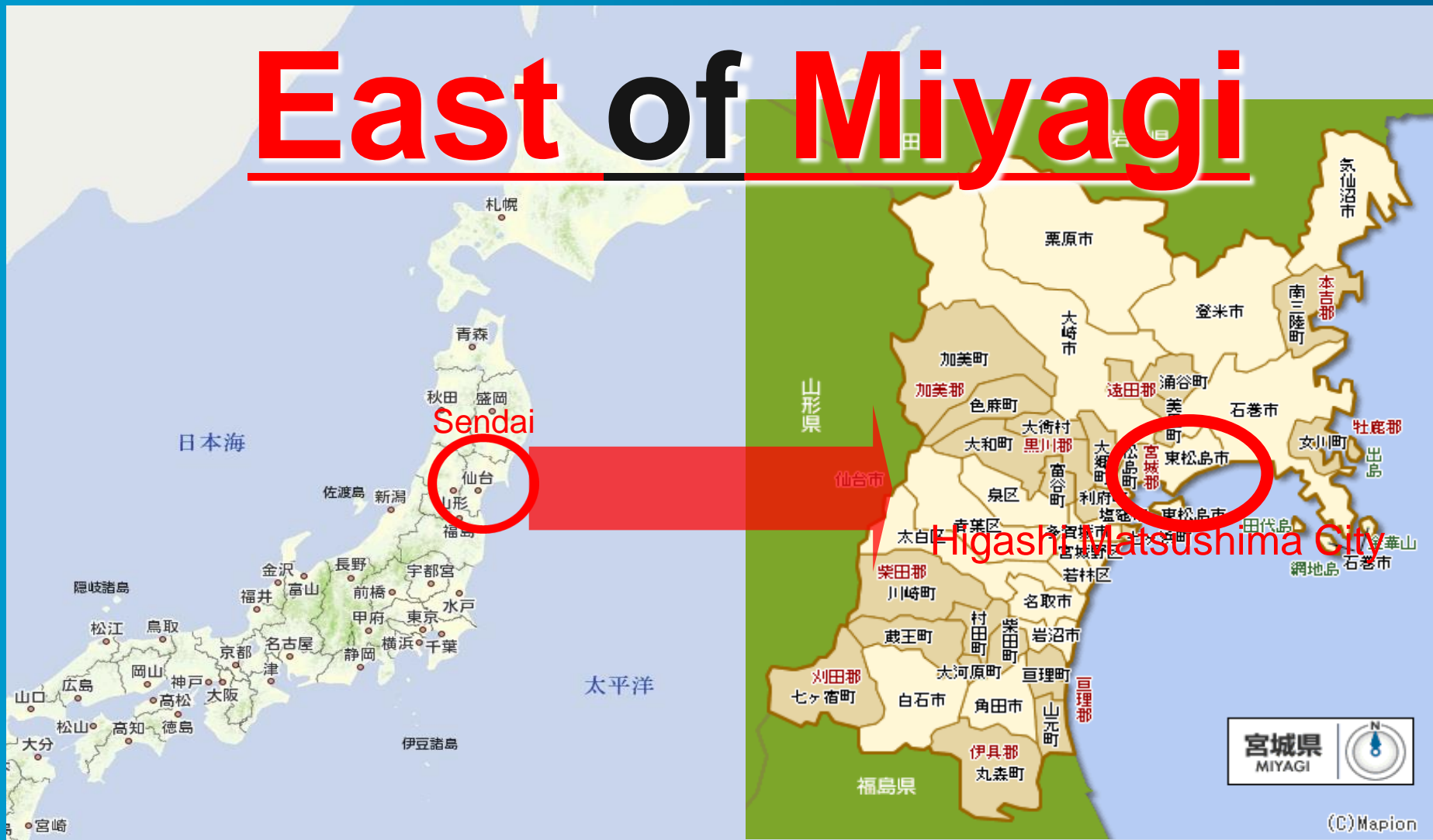


*This learning is  
dedicated to the  
deceased spirits of  
18,430 persons  
in the Great East  
Japan Earthquake*

**March 11, 2011**  
**2 : 46 pm**

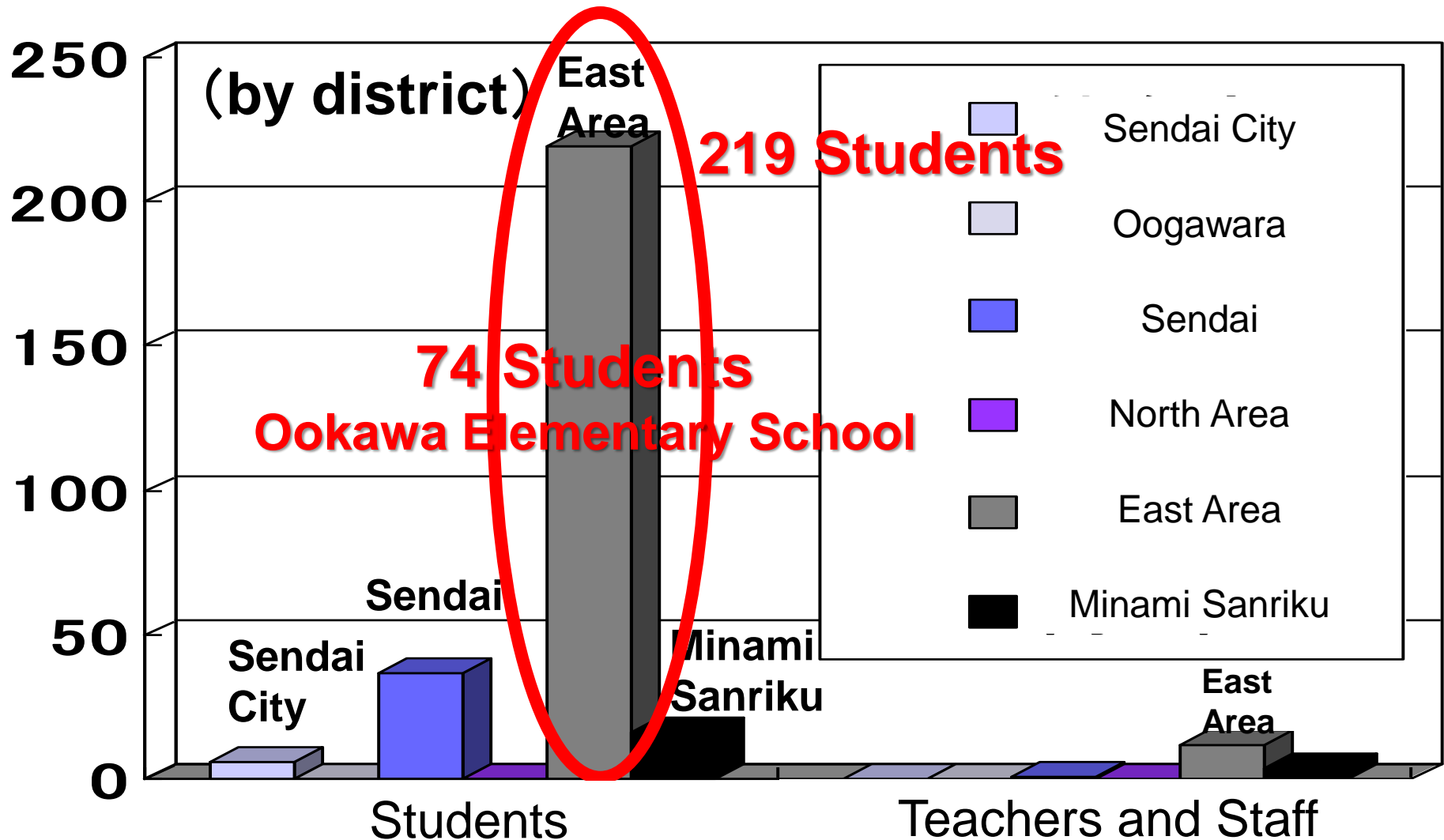
# Let's find out

## East of Miyagi



# Overview of the Impact of the Great East Japan Earthquake on Miyagi Education

(presented by Miyagi Pref. Educational Committee)











The school had **protected** us  
from the big earthquakes.

It finished resistance construction in 2010.

But, it couldn't **beat** Tsumami





2011/10/26



So...



# Question ①

So...



**How fast is  
Tsunami?**

*It's like as **fast**  
as an **Olympic**  
**runner** is.*



It runs 100  
meters in  
**10** seconds.



It's equivalent  
to Asuka  
Cambridge  
record.



And one more



**Question ②**

# And one more



**To sweep away  
people,  
how high should  
the tsunami be?**



*「 30 cm **scale** 」*

*is Its height.*



*「 30 cm scale 」*

*Let's see how  
high it is.*



*Think about the  
swimming pool  
in our school*

*✧ waterwall*



# On that day



## Question ③

( Mathematics

for the 2<sup>nd</sup> grader)

On that day



**How high was  
Tsunami that  
rushed into us?**



1m 90 cm



【Proof】

©above the floor:

1 m30cm

under the floor:

(The base of school)

60cm



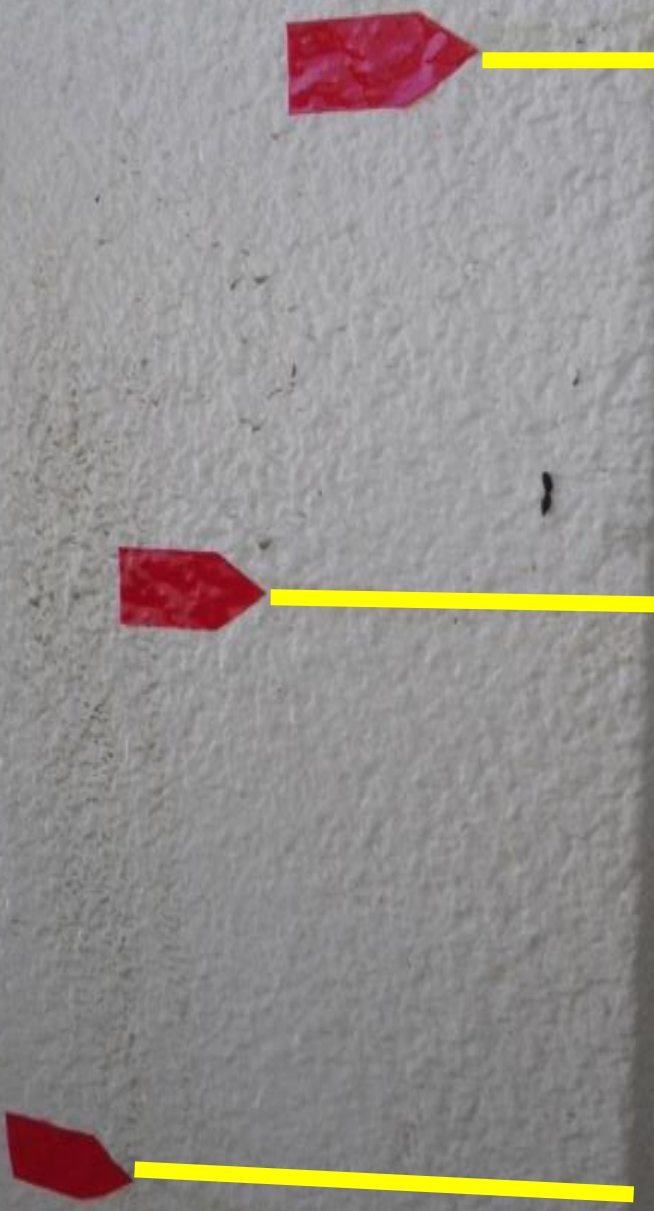




「Foundation」  
(Base)

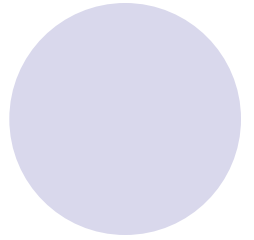
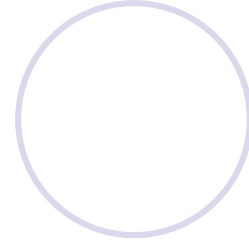
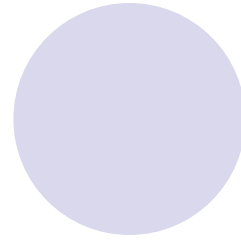
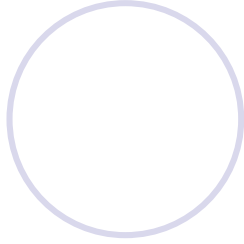
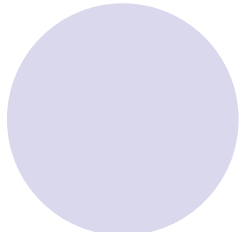






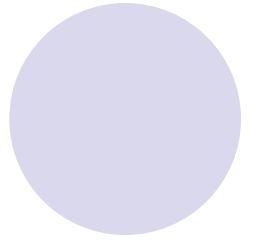
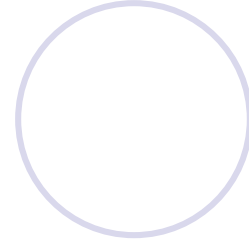
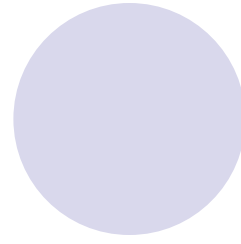
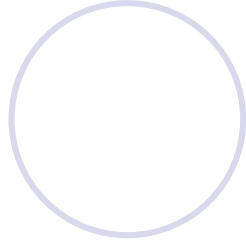
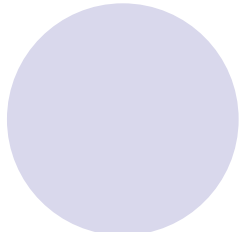
Tsunami  
comes  
again  
and  
again.

2011/10/07



# Question ④

( Science for the 5<sup>th</sup> grader )



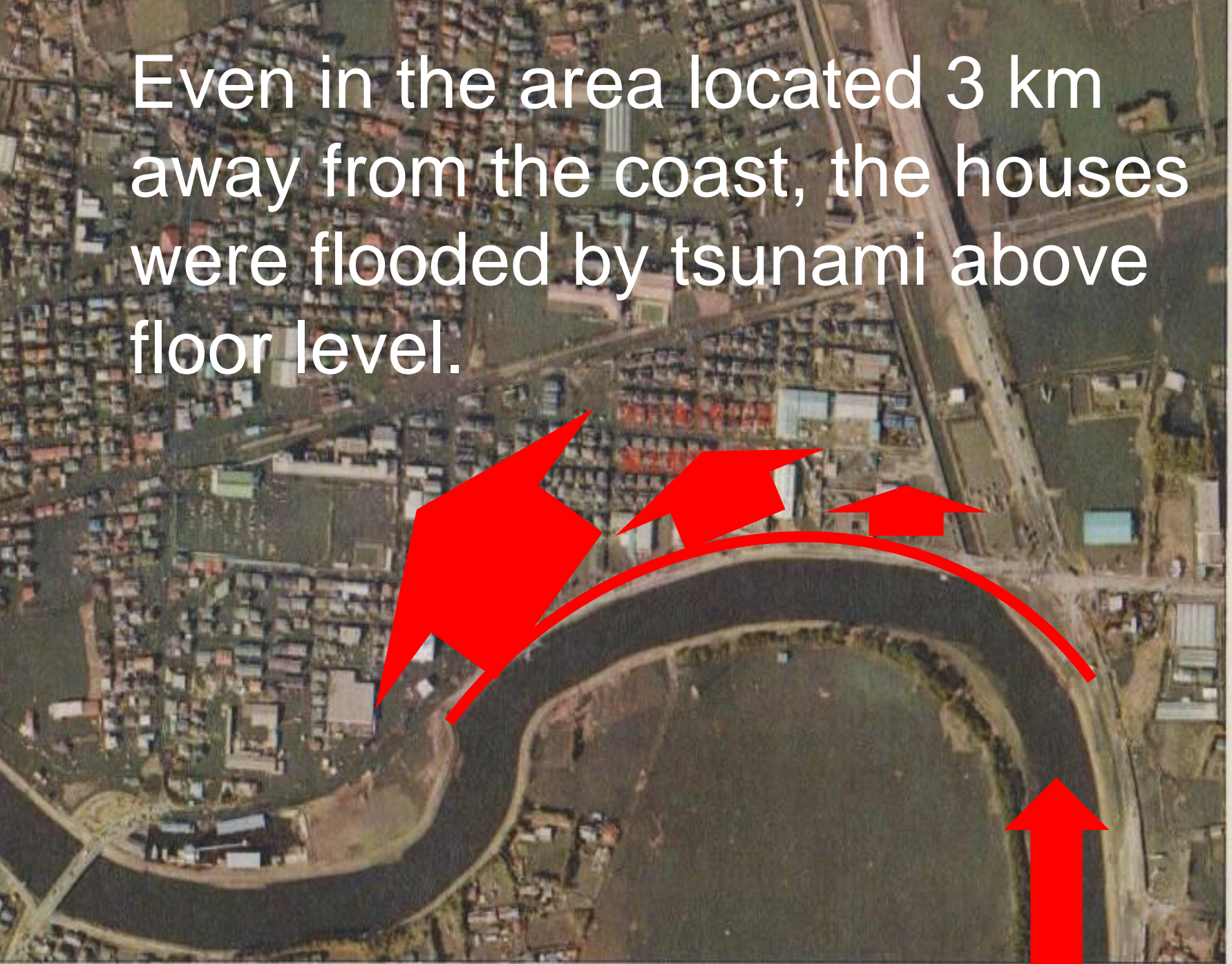
**Which part of  
the riverbank can be  
affected by a tsunami ?**

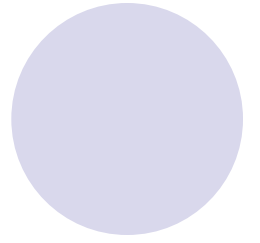
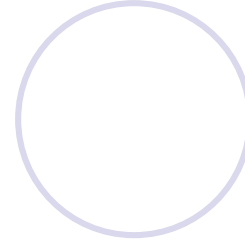
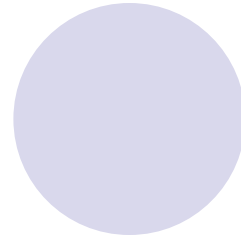
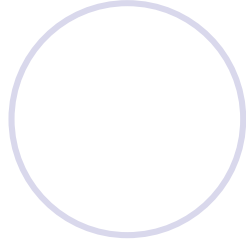
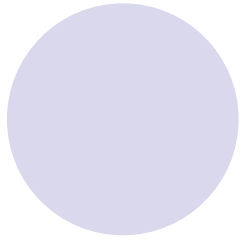






Even in the area located 3 km away from the coast, the houses were flooded by tsunami above floor level.

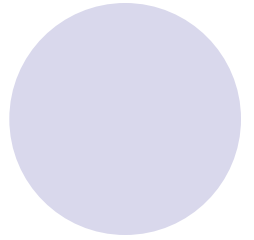
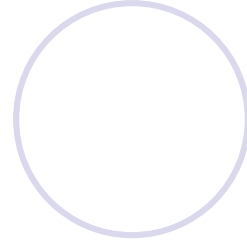
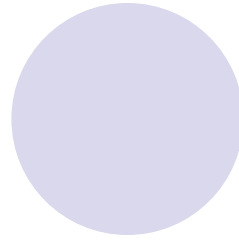
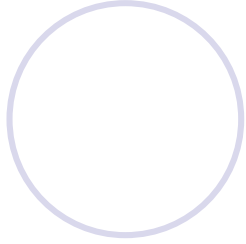
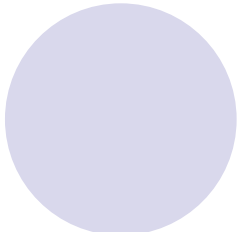




● **Teachers'**  
**room was...**

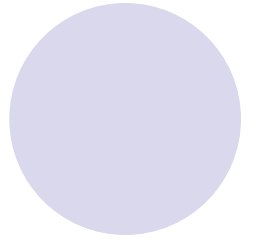
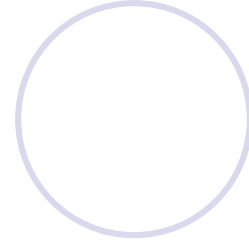
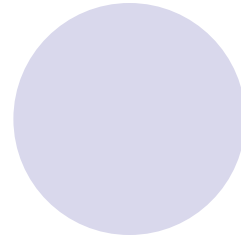
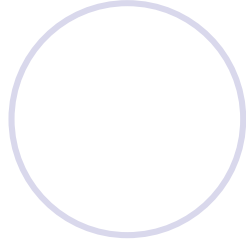
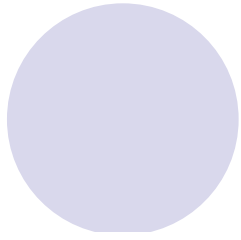






# Question⑤





**What I found in a  
drawer of a desk was...**



- The shrimp has gone to heaven.







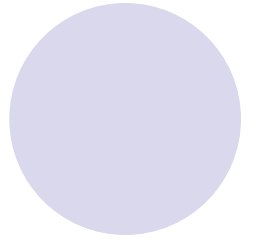
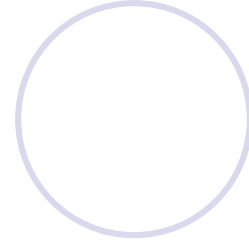
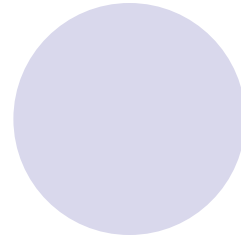
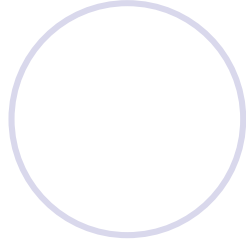
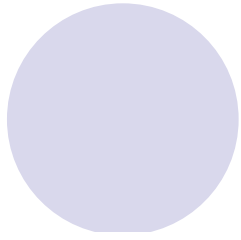
● I lost a lot of stuff for my work

Brand-new car

Digital camera

3,500,000 yen < 9,800 yen





# Question⑥

**(Mathematics for the 3<sup>rd</sup> graders)**

- The following description looks wrong. Guess what I want to say?

Brand-new car

Digital camera

3,500,000 yen < 9,800 yen



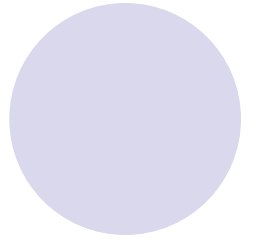
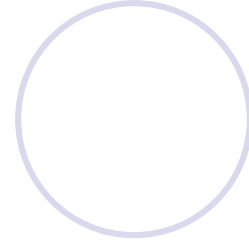
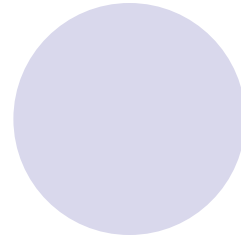
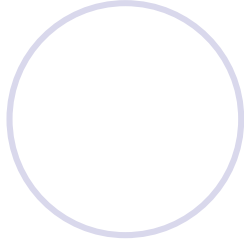
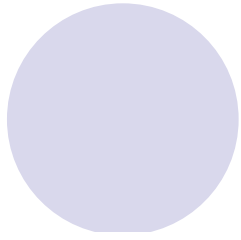


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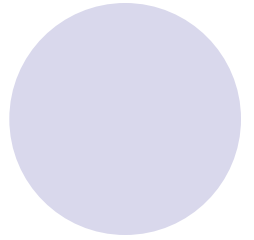
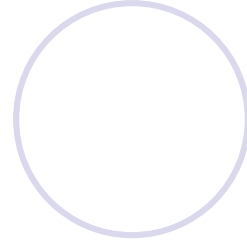
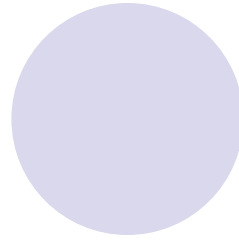
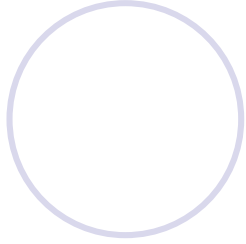
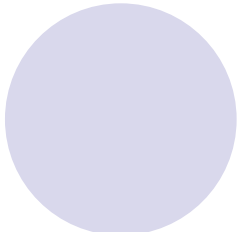
- I am going to talk about what you remember the most about the March 11<sup>th</sup> disaster.





# Question⑦

(Science for the 4<sup>th</sup> graders)



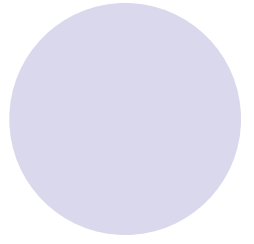
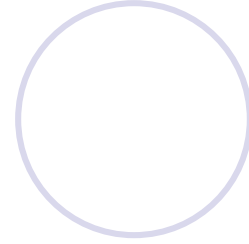
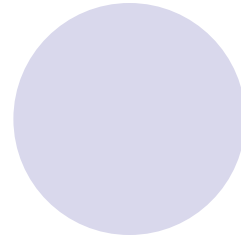
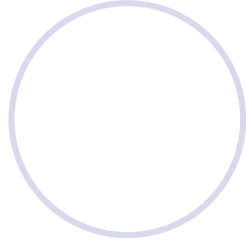
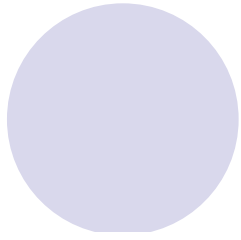
**What do you think this equipment was used for?**

# Memories of the disaster (Mar. 11)

Equipment usually used in experiments

Very useful  
for **babies**

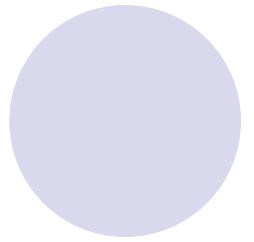
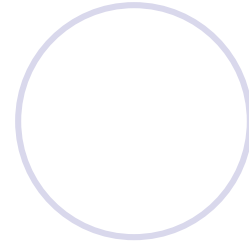
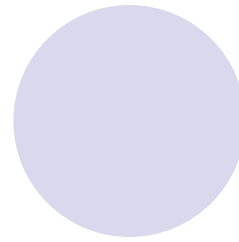
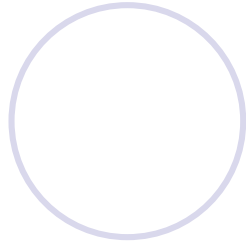
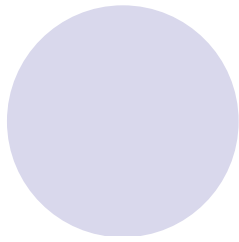




# Question⑧

(Health Education for the 3<sup>rd</sup> graders)





**What do you think  
we wrote on the large  
sheet of paper ?**

# Memories of the disaster (Mar. 12)

「水」「食」

# Memories of the disaster (Mar. 12)

We wrote

“**Water**” “**Food**”

in large letters with a calligraphy brush

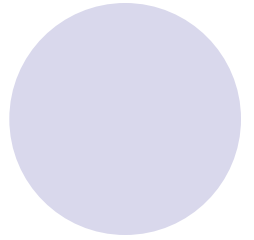
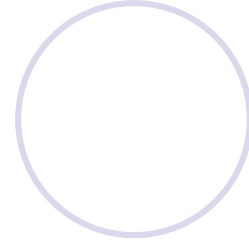
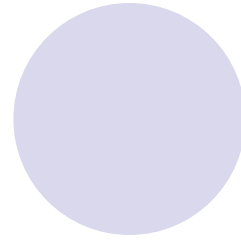
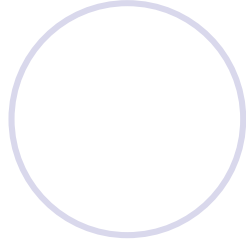
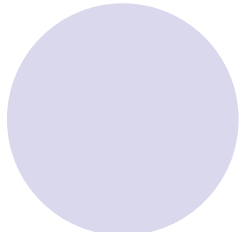
# Memories of the disaster (Mar.13)

**Food and other relief  
supplies finally arrived  
at the school.**



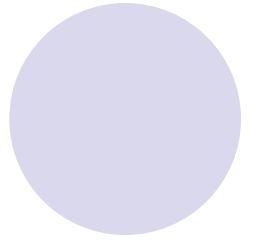
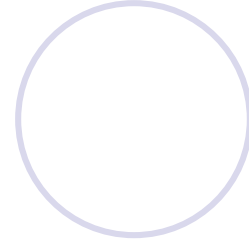
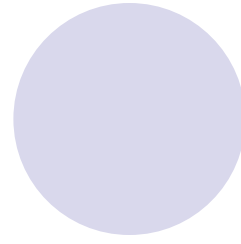
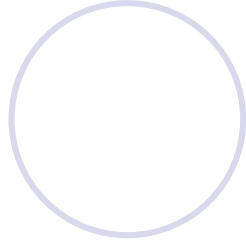
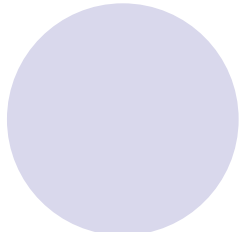
# **Memories of the disaster (Mar.13)**

**After 2 days without food,  
what we first ate was...**



# Question⑨

(Mathematics for the 6<sup>th</sup> graders)



**How much bread do you  
think we could receive ?**

# Memories of the disaster (Mar.13)

First **supplies** delivered on **the 3<sup>rd</sup> day**

- **19 loaves of bread**  
**(145 slices)**
- **870** evacuees



# Memories of the disaster (Mar.13)

First **supplies** delivered on **the 3<sup>rd</sup> day**

● **Bread      Evacuees**

$$\underline{145} \div \underline{870}$$

(How much can each person eat ?)

# Memories of the disaster (Mar.13)

First **supplies** delivered on **the 3<sup>rd</sup> day**

● **Bread      Evacuees**

$$\underline{1} : \underline{6} =$$

( How much can each person eat ? )

# Memories of the disaster (Mar.13)

First **supplies** delivered on **the 3<sup>rd</sup> day**

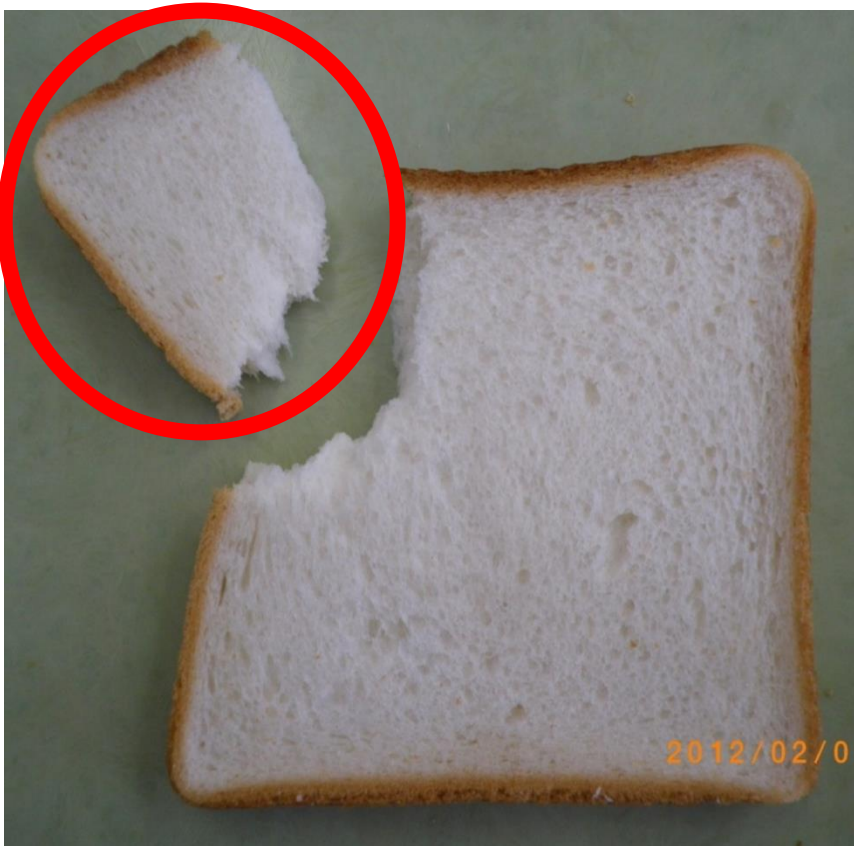
● **Bread      Evacuees**

**1 slice** was shared by

**6 people**

# Memories of the disaster (Mar.13)

First **supplies** delivered on **the 3<sup>rd</sup> day**



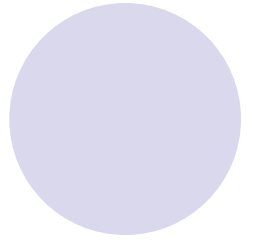
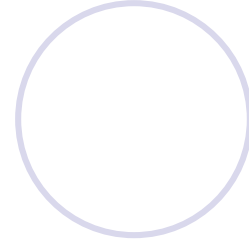
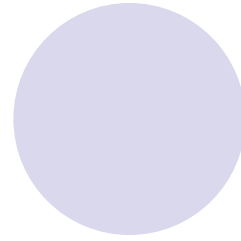
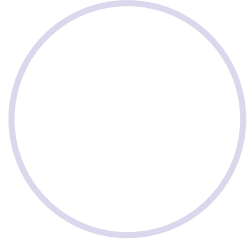
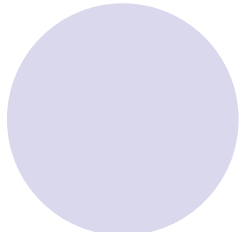
**This is the amount  
one person could  
eat each day.**



# Memories of the disaster (Mar.17)

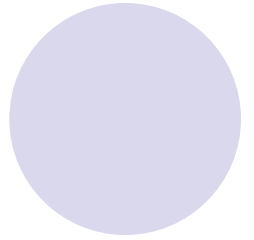
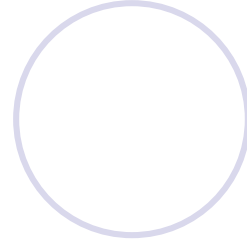
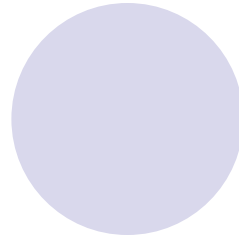
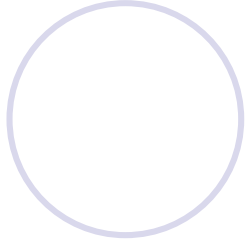
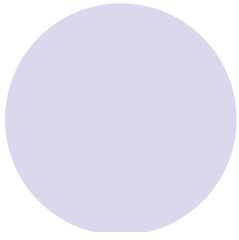
**Supplies delivered . . . the 7<sup>th</sup> day**

**This kind of stuff arrived.**



# Question⑩

**(Cooking class for  
the 5<sup>th</sup> graders.)**



**How and what were  
we able to cook ?**



School Kitchen  
on the 1<sup>st</sup> floor  
was inundated

**Spring water** + **Eggs** + **Heat**



**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Boiled eggs**

**Bananas Bananas**

**Bananas Bananas**

**Bananas Bananas**

**Bananas Bananas**

**Bananas Bananas**

**Boiled eggs**

**Bananas**

**Boiled eggs**

**Bananas**

**Boiled eggs**

**Bananas**

**Boiled eggs**

**Bananas**

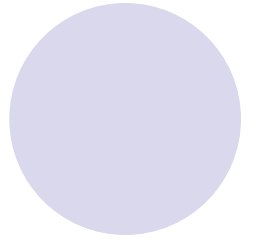
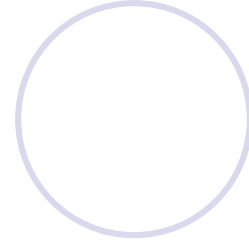
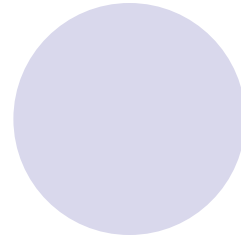
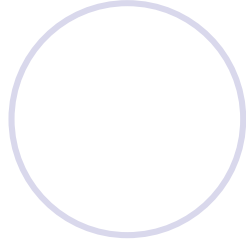
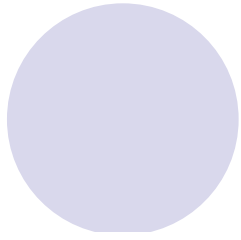
**Boiled eggs**

**Bananas**

# Memories of the disaster (Apr. 1)

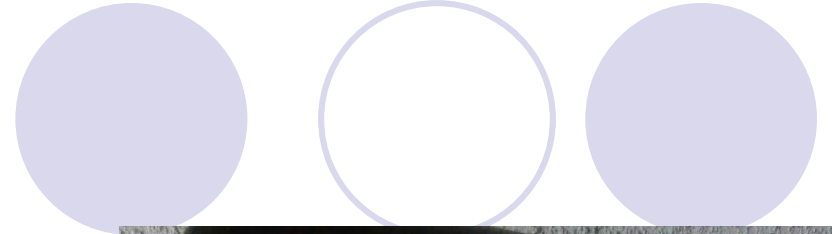
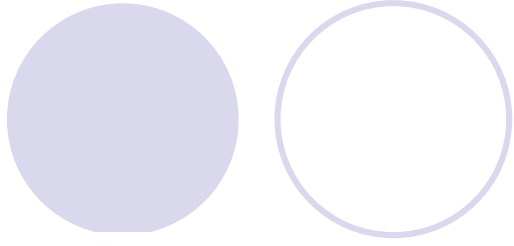
- **Bicycles were very useful.**





# Question①①

**(Science for the 6<sup>th</sup> graders.)**



# Why did bicycles rust?



# 【Question⑪】

◎Bicycles rusted because they

- ① became old
- ② were washed with water
- ③ ran on the road



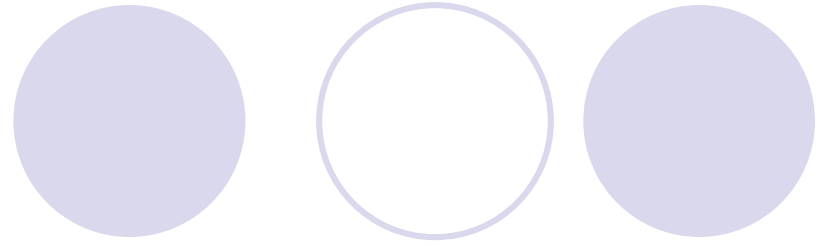
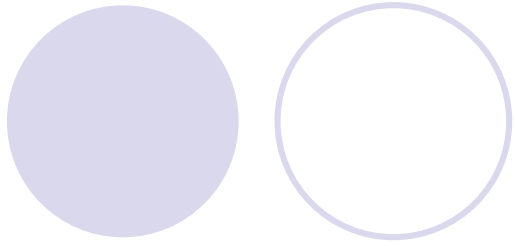
# 【Answer】

©Bicycles rusted because they

③ ran on the road

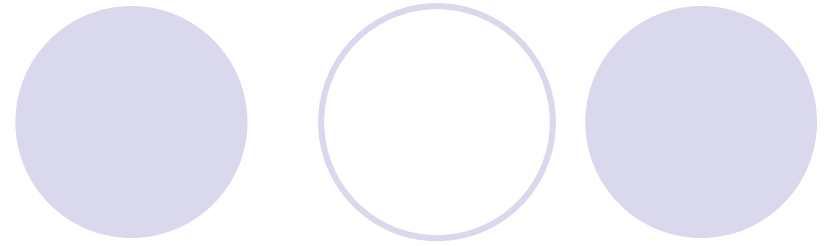
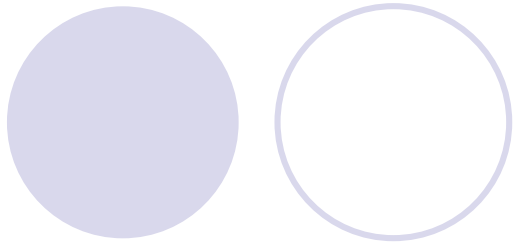




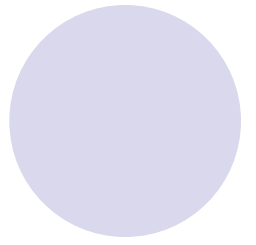
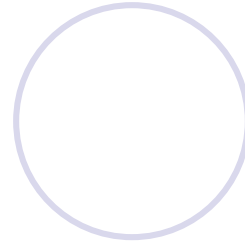
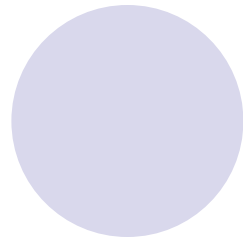
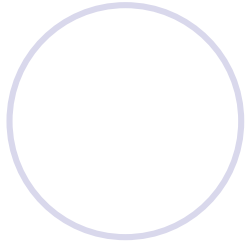
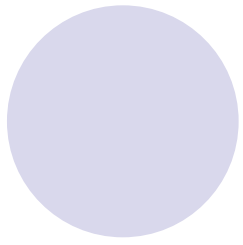


**Because the roads  
inundated by  
tsunami are full of**

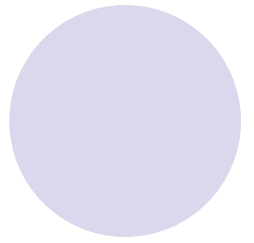
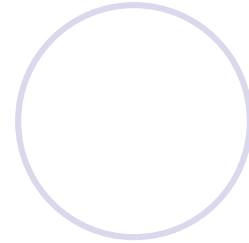
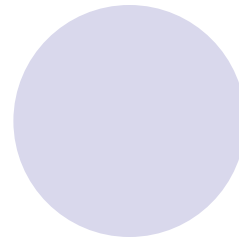
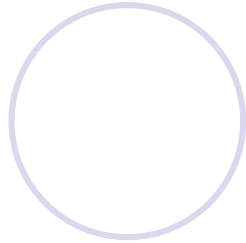
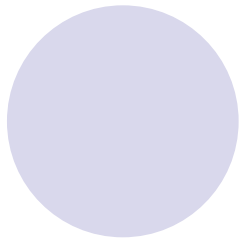
**.**



**Because the roads  
inundated by  
tsunami are full of  
saline matter.**



**Salt causes  
plants to die and  
the iron to rust.**



**However,**





*Cherry Blossoms  
bloomed.*

*That made people feel  
encouraged to live*



# Memories of the disaster (Aug. 25)



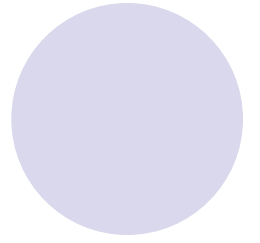
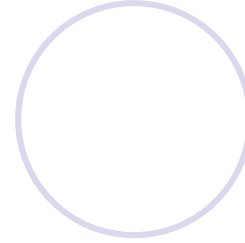
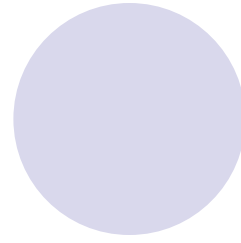
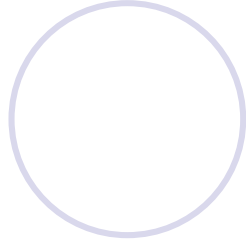
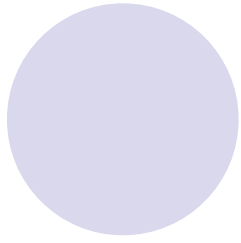
grasses

flowers

bugs

These tiny things made us happy.

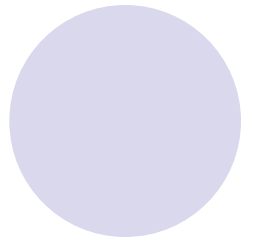
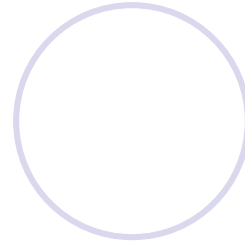
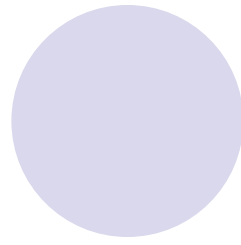
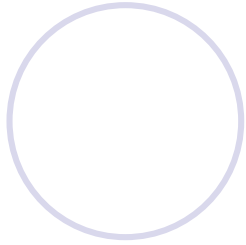
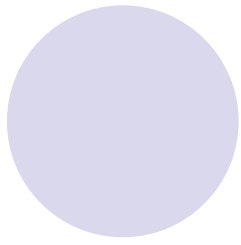
**We thank**  
**all the people of**  
**the nation**  
**and the world**



**We discarded**



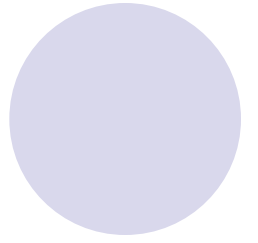
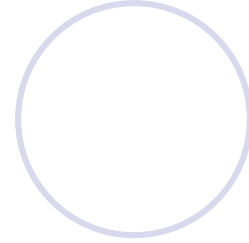
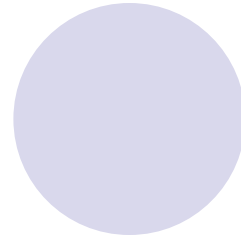
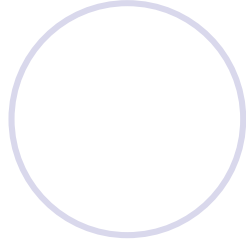
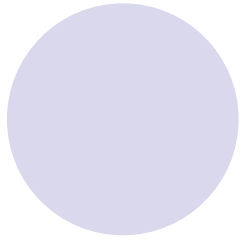




**We washed**







**We received**





**From all the nation,  
all the world,**

**We received  
huge amount of  
relief supply**





We received also from  
Kumamoto pref.....  
Thanks a lot!  
It made us smile!

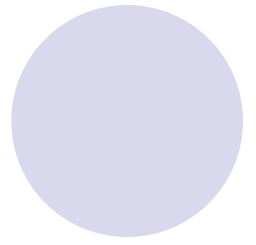
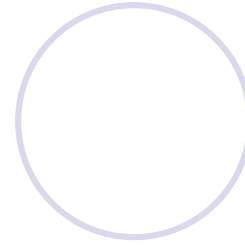
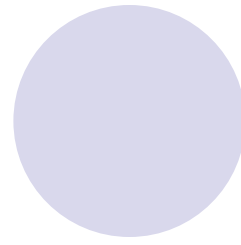
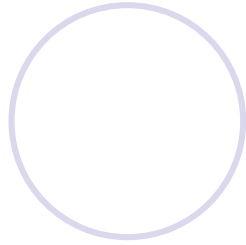
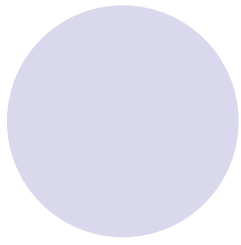






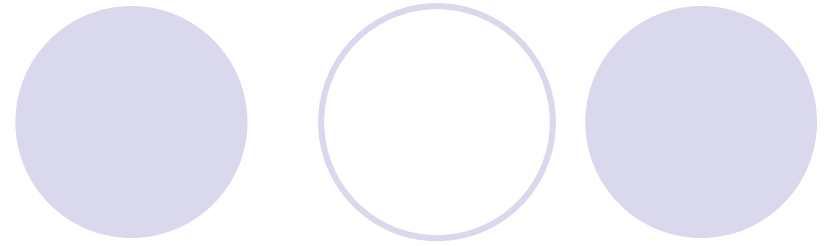
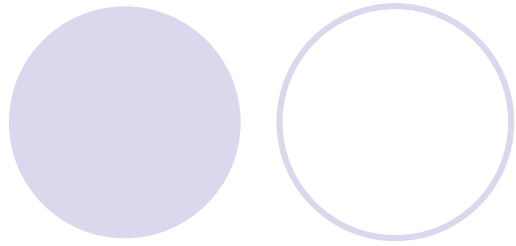
2011/10/26





◆ **Mental and physical care**

~ **When you have anxiety  
or confusion in your mind~**

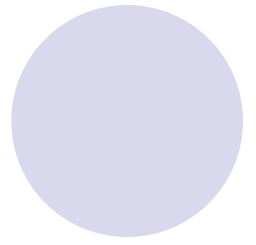
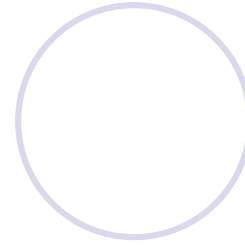
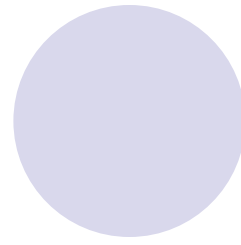
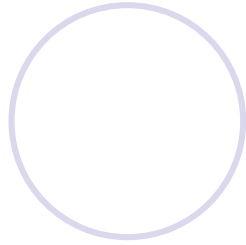
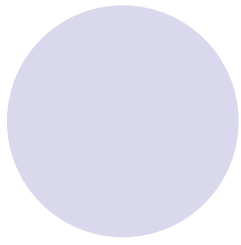


1 話す (hanasu)

2 放す (hanasu)

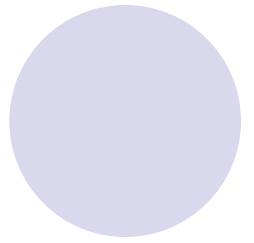
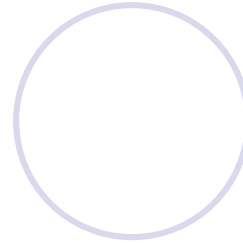
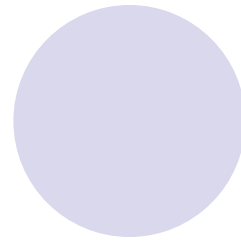
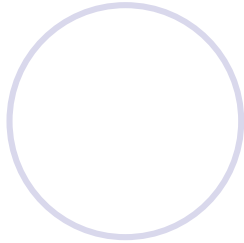
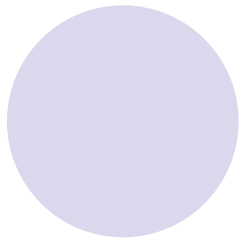
3 離す (hanasu)





## ◆ Mental and physical care

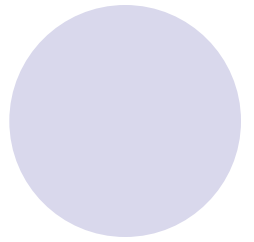
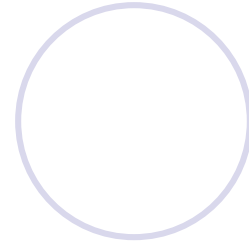
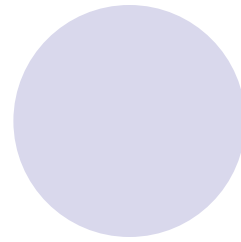
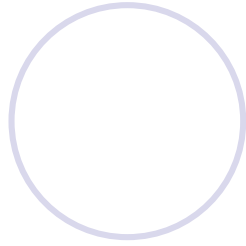
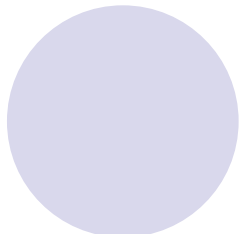
1. **Talk**
2. **Release**
3. **Leave**



◆ **Mental and physical care 1**

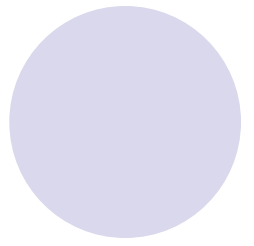
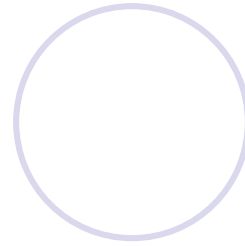
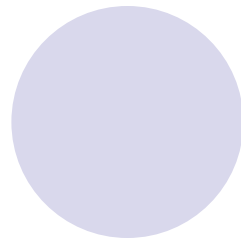
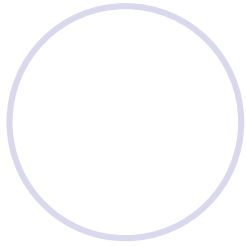
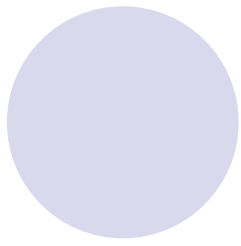
~ **Talk** ~

**\* Say it aloud**



# Question⑫

**(Health education  
for 5<sup>th</sup> and 6<sup>th</sup>  
graders.)**



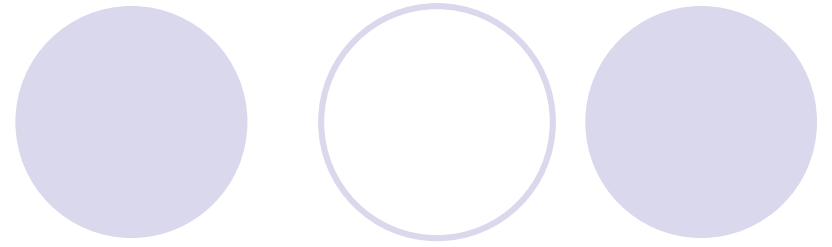
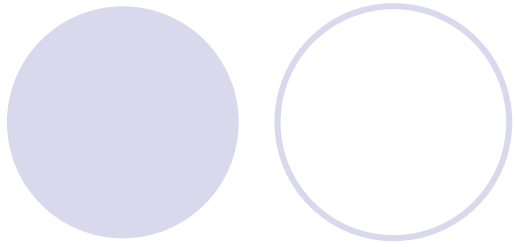
**Your feelings such as**

**“It’s so painful.”**

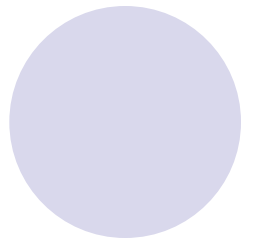
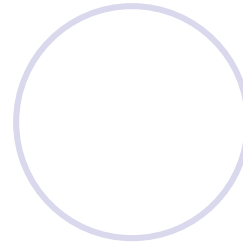
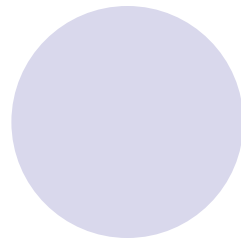
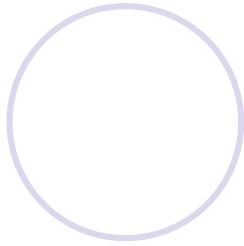
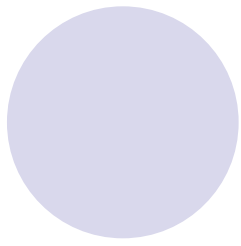
**“I’m sad.”**

**“I’m having  
a hard time.”**

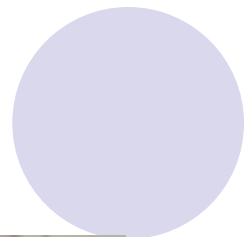
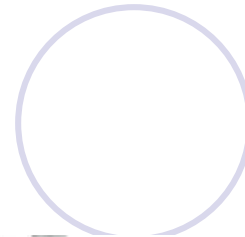
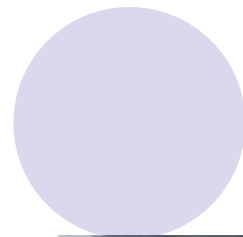
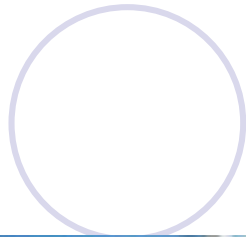
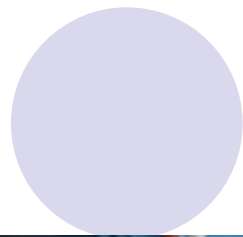




**If you cannot tell  
those feelings to  
anyone,**



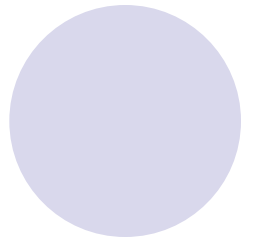
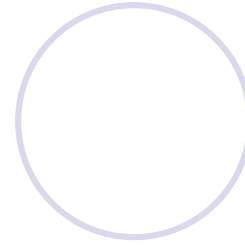
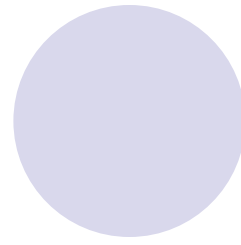
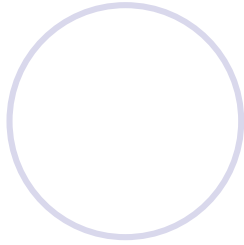
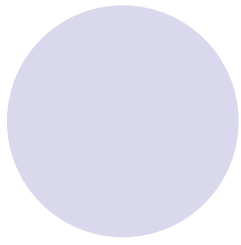
**How can you  
express your feelings  
and share them  
with others?**





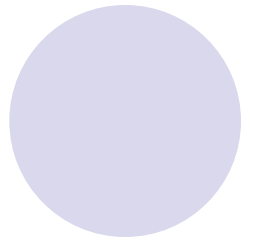
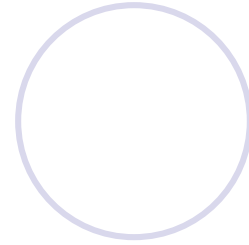
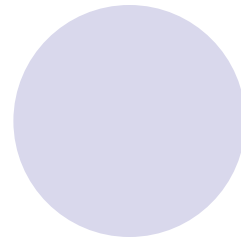
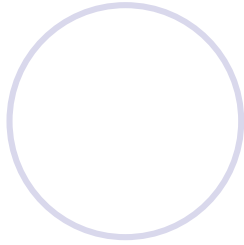
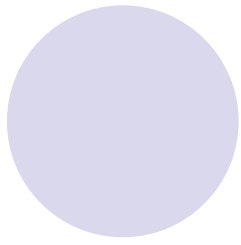
【Mask for warding off the evil】





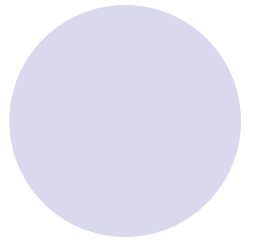
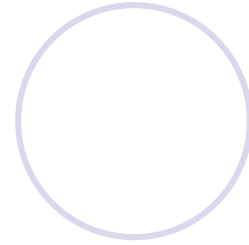
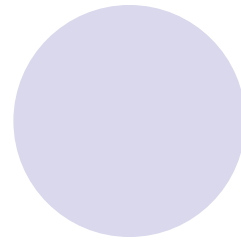
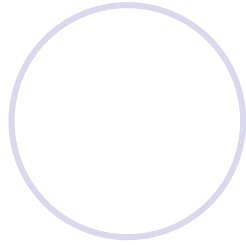
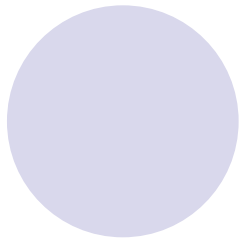
◆ **Mental and physical care**

~ **Not only in the disaster** ~



# ◆ **Mental and physical care**

**~ When you have anxiety  
or confusion in your mind ~**



◆ **Mental and physical care**

~ **Please remember this~**





2011/10/26



**To elemental school students**

**When you overcame  
something **sad** or  
when you did the  
**hard** work,**



**To elemental school students**

**Strong mind,  
mental fortitude  
and kindness grow**



*We will  
continue to do  
our best in  
Miyagi,*



***Hung in there,  
kids in Kumamoto!***





*That's all  
for today.*



# *Disaster Prevention Learning in elementary school*

*after the Great East Japan Earthquake  
I would like to conclude my  
talk.*

*Thank you very much  
for your kind attention.*

**Kiyoshi ARAAKE**

*Koya Elementary School,  
Watari town*

