





2nd APRU-IRIDeS April-2018 Workshop on Building Disaster Resistant Universities



AUR Architecture and Urban **Resilience**





SISTEMA NACIONAL DE PROTECCIÓN CIVIL MÉXICO



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Diseño para reducción de desastres

25 de abril, Campus Ciudad de México. Auditorio Planta bajo de oficin Campus en la Zona Metropolitana de la Ciudad de México

- 8:40 Evento inaugural
- 9:00 "La protección Civil en México, de la reacción a la prevención, algunos ejemplos" Conferencia inaugural. Dr. Carlos Miguel Valdés González Director General del CENAPRED
- 9:50 "Dirección de Andlisis y Gestión de Riesgos del CENAPRED" Conferencia. Ing. Oscar Zepeda Ramos Dirección de Anàlisis y Gestión de Riesgos del CENAPRED
- 11:00 "El impacto de los fenómenos naturales en las estructuras" Conferencia. Dr. Oscar López listiz Investigador del CENAPRED y Catedrático del Tecnológico de Monterrey
- 11:50 "Arquitectura Inmediata" Conferencia Magintal. Dr. Fernando Ramoi Galino Investigadory Exdirector de Escuela Técnica Superior de Arquitectura de Barcelona ETSAB, Universidad Politécnica de Cataluña
- 12:40 "Tendencias, Big Data. Current" Conferencia. Pascoal Koutras CEO North Cone. GE Intelligent Environments, General Electric México
- 13:30 Cierre del Evento. Dr. Hugo Elizalde Siller Director de la Escuela de Diseño Ingeniería y Arquitectura del Campus Ciudad de Mesico. Líder del Ciuster de Anguitectura del Campun Metropolitano de la Ciudad de Mesico.



SISTEMA NACIONAL DE PROTECCIÓN CIVIL MÊXICO

MÊXICO



Architecture and Urban **Resilience** 30th Anniversary **MEXICAN CIVIL PROTECTION** Ciudad de Mexico Campus. **Mexico 2016**



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Santa Fe + Estado de Mexico + Ciudad de Mexico Campus . Mexico 2016

Architectural and construction solutions resistant to natural phenomena

TEC DE MONTERREY I AGENCIA INFORMATIVA

In commemoration of the 30th anniversary of the National System of Civil Protection, from 25 to 29 April 2016 students of Civil Engineering and Architecture of the Campus in the Metropolitan Area of Mexico City of Tecnológico de Monterrey organized a series of conferences and workshops aimed at to prepare people to know what to do in situations of risk and natural disasters and to the students of the area, to learn about new construction techniques to create structures much more resistant to natural phenomena. The conference cycle, held at the Mexico City Campus, was inaugurated with a talk by the Director of the National Center for Disaster Prevention (CENAPRED), Dr. Carlos Miguel Valdés González, who spoke about civil protection in Mexico and the reaction to prevention, emphasizing the need for professionals prepared for these events. "Natural disasters do not discriminate, they only affect those who are not prepared," he said.Other lecturers were Dr. Fernando Ramos Galino, Researcher and Exdirector of the School of Architecture of Barcelona, engineer Oscar Zepeda Ramos of the Risk Analysis and Management Department of CENAPRED; Dr. Óscar López Bátiz, Researcher at CENAPRED and Professor at Tecnológico de Monterrey, who spoke about the impact of natural phenomena on structures. Also there was Pascoal Koutras, CEO of North Cone GE Intelligent Environments, General Electric Mexico, addressing the issue of Big Data trends in the field of intelligent spaces. In the three Campus of the Metropolitan Area of Mexico City, the students participated in a Design workshop for disaster reduction, given by Dr. Fernando Ramos Galino, where they talked about the important role played by architects and engineers in the catastrophes. Likewise, Dr. Ramos Galino gave the workshop of Immediate Architecture in Campus Santa Fe, which discussed the importance of building strong structures for all economic sectors regardless of the areas where they are located.



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Arquitectura inmediata: del manifiesto a la urgencia de lo más necesario

Arquitectura inmediata. De la arquitectura como manifiesto a la arquitectura urgente de lo más necesario

Università IUAV. Architettura Venezia Campus Dorsoduro 18-23 Sept. 2016. Venezia (Italia) Ins.Tecnológico de Monterrey. (México) Campus de Santa Fe. 26-30 Sept. 2016.Ciudad de México (México) Campus de Puebla (México) 25-29 Sept. 2017 en red con los Campus de Monterrey y Guadalajara (México) Campus Hidalgo 2 octubre 2017. Universitat Politècnica de Catalunya

Campus Diagonal Sur. 10-15 Oct. 2017E.T.S. Arquitectura de Barcelona (España)

Fernando Juan Ramos Galino

Prof. Em. Dr. Arq. Escuela de Arquitectura de Barcelona .Universidad Politécnica de Catalunya Codirector Comisión de Enseñanza de la Arquitectura de la Unión Internacional de Arquitectos Ponente General del Consejo UNESCO-UIA para la Validación en Arquitectura



"Design habitable spaces for natural disasters"

Tecnologico de Monterrey - CENAPRED - UPC

The student will work directly with researchers from the Polytechnic University of Catalonia and the National Center for Disaster Prevention; will understand the basic concepts of architectural structures and constructions and their behavior in the face of a natural disaster. You will experience through the different researches carried out by our experts the social, urban and structural repercussions, before and after a disaster, product of a natural disaster such as earthquakes, hurricanes and tsunamis. It will be sensitive to the immediacy of the needs following a natural disaster.

Semana i - Design for natural disasters

In collaboration with the Polytechnic University of Catalonia and the ETSAB Higher Technical School of Architecture of Barcelona. National Center for Disaster Prevention CENAPRED



IRREGULARIDAD ENTRE ALTURA Y ESBELTEZ

REGULAR

Ⅲ







AUR Architecture and Urban Resilience +1. +7. +30. -365 **INTERACTIVE MULTIDISCIPLINARY PROJECT** Santa Fe Campus . **Mexico 2017**

Semestre i 2017



Architects **Civil Engineers** Designers Economists Sociologists Historians Internationalists Industrial Engineer Engineers in sustainable Development Urban Planners Experts: Ethics Citizenship Structures Immediate architecture

AUR Architecture and Urban Resilience +1. +7. +30. -365 NATURAL DISASTERS URBAN RESILIENCE DIPLOMA Puebla Campus . Mexico 2016

Diploma 2017-2018



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+1. +7. +30 . -365 NATURAL DISASTERS URBAN RESILIENCE DIPLOMA

Puebla Campus . Mexico 2016



- Theory and casuistry of natural disaster. Planning and prevention in four scenarios: the day after, one week after, the month after and one year before
- 2. Instruments of design, evaluation and structural intervention on buildings or infrastructure affected
- Architecture and design as tools of change: analysis of behavior and criteria for the design, evaluation and recovery of hospitals, educational buildings, housing and public buildings



Architecture and Urban **Resilience**

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St. Francis Xavier University, Antigonish . Nova Scotia, Canada 2017

Coady International Institute ignites leadership | http://www.coady.stfx.ca/

Established by St. Francis Xavier University in 1959, the Coady International Institute is a world-renowned centre of excellence in community-based development and leadership education.

Coady Women's Leadership Fellowship 2017

Action Research "trueque" house of midwives's evolution





midwives house evolution



house of midwives's evolution









biomimicry

house of midwives's evolution

resilience phenomena natural

house of midwives's evolution







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Tecnológico de Monterrey Escuela de Arquitectura, Arte y Diseño

SEMANA i 2017

Resiliencia Urbana

ante el sismo 19/09/2017





Tecnológico de Monterrey Escuela de Arquitectura, Arte y Diseño



CONVERSION POLIT

ETSAB Escola Técnica Superior d'Arquitectura de Barcelona

"El valle de México, uno de las ciudades más pobladas del mundo vivió entre polvo y muerte. El sismo del 85 nos puso a prueba como seres humanos, pero también o las instituciones que aún a podíano terele la magnitud del daño. Auna cuando el gobierno federal hizo oficial 6 mil defunciones, cifras no oficiales estimaron un número de muertos no momora al Dmil." http://www.spps.gob.mv/arkios/1120-ies-terremotors-de-1965.html

Diez veces más débil que el de 1985...

CENAPRED

MÊXICO

PROTECCIÓN CIVIL

"CIUDAD DE MÉXICO (apro).- Les recuerdo algo: la "escala sismica de Richter" es logaritmica (base 10), y no lineal. Esto significa que un terremoto de 8.1 grados tiene una magnitud 10 veces mayor que uno de 7.1 (y no es sólo 10% u 15% más fuerte, como podria pensarse). Dicho de otro modo: over, un sismo con una magnitud die veces menor que el de 1985 derribó unos 40 edificios y mató a casi 100 personas en la Ciudad de México." http://www.proceso.com.mv/504094/diez-veces-debil-1985/amp

SEMANA i 2017

"Resiliencia Urbana ante el sismo 19/09/17"
Dra. Patricia Torres Sánchez
Dr. Fernando Ramos Galino
Dr. Oscar López Báliz

Tecnológico de Monterrey – EAAD Sur - SEMANA i 2017. "Resiliencia Urbana ante el sismo 19/09/17" Patricia Torres Sánchez - Fernando Ramos Galino - Óscar López Bátiz





DISEÑO PARA SUPERVIVIENTES AFECTADOS POR DESASTRES Arquitectura inmediata



Expertos: Fernando Ramos Galino Director de la Comisión para la Educación en Arquitectura de la Unión Internacional de Arquitectos (UIA). Ponente General del UNESCO- UIA Validation

> Patricia Torres Sánchez Decana Región Sur Escuela de Arquitectura, Arte y Diseño Tecnologico de Monterrey

Council for Architectural Education

Experto: Francisco Ayala Aguirre Director de Diseño y Desarrollo Curricular Tecnologico de Monterrey

RESILIENCIA

"la capacidad de las personas para funcionar eficazmente de cara a la adversidad y su capacidad de recuperación ante el estrés."

(Sarason y Sarason 2006)

La capacidad que tiene una **persona** o un **grupo** de recuperarse frente a las tragedias para seguir **proyectando un futuro**.





Tecnológico de Monterrey Escuela de Arquitectura, Arte y Diseño

PROTECCIÓN CIVIL CENAPRED



ETSAB Escola Técnica Superior d'Arquitectura de Barcelona

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SEMANA i 2017

"Resiliencia Urbana ante el sismo 19/09/17" Dra. Patricia Torres Sánchez Dr. Ferrand Ramos Galino Dr. Óscar López Bátiz

> Tecnológico de Monterrey – EAAD Sur - SEMANA i 2017. **"Resiliencia Urbana ante el sismo 19/09/17"** Patricia Torres Sánchez - Fernando Ramos Galino - Óscar López Bátiz





sistematic **process** time and resources available

Patricia Torres Sánchez Decana Región Sur Escuela de Arquitectura, Arte y Diseño Tecnologico de Monterrey



 Patricia Torres-Federico Hess. Safe Innovation Creative Group 2017. Modelo Ió. Congreso de Innovación Educativa 2012. Tecnológico de Monterre Semana i 2017 - "Resiliencia Urbana ante el sismo 19/09/17"



LA FALTA DE INFORMACIÓN CUESTA VIDAS.

7 A dónde me dirijo si me quedé sin casa? Tengo mucha hambre, me quedé sin nada! ¿Quiénes necesitan ayuda? ¿Qué sigue? ¿Qué sigue? ¿Qué sigue? ¿Qué sigue?

9990



"MÉXICO NO ESTÁ Llorando, está de pie ayudando"



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Hurricanes Resilience to natural phenomena. Puebla Campus . La Habana 2018

La actividad se enfoca en que los estudiantes de distintas disciplinas que trabajen de manera colaborativa con el fin de propiciar la sensibilización dentro de una comunidad urbana ante el impacto negativo causado por un huracan, a partir de la planificación, el diagnóstico, la acción inmediata y la prevención.

Asi mismo se contribuirá al entendimiento de la ciudad como un sistema flexible con capacidad para recuperarse con rapidez ante los impactos negativos, afrontando las dificultades sociales con tiempos y recursos limitados, en estrecha colaboración con las autoridades y los expertos nacionales e internacionales. Lo anterior podrá llevarse a cabo mediante estrategias de colaboración, organización, acción social, liderazgo, cooperación, ciudadanía y fomento del comportamiento ético.



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SEPTEMBER 2017 Rebuilding a neighborhood after an earthquake

Ciudad de Mexico Campus . Mexico City 2017





Arturo Pérez Rivera Tecnológico de Monterrey arturo.perezrivera@itesm.mx





Campus Locations



Tecnológico de Monterrey







Earthquake september 19th 2017 Magnitude 7.1

369 dead people 167 dead people in Mexico City 1,900 injured



Damage location

South of the city Housing, academic and commercial services









RETHINKING THE NEW CAMPUS IMPROVING RELATIONS WITH NEIGHBORHOOD



TRASFORMING EARTHQUAKE AS AN OPPORTUNITY



Urban regeneration elements

- Redefining a territorial vocation in the area
- Promote a normative that allow regeneration
- •Strengthen a new urban centrality based on its territorial vocation capable of attracting and retaining talent
- •Attract young population linked to educational equipment
- Renew and expand the infrastructure and urban equipment
- Achieve a functional and social integration of the campus with the territory and the society that integrates it Search for new models of participation and social integration
- Generate a resilient neighborhood
- lacksquare Establish a comprehensive vision of the territory and city and not only university campus



Our Neighborhood



Our Neighborhood

Housing	46.7%
Equipment	25.7%
Industry	4.0%
Open green space	2.6%
Civic center	1.0%
Streets	20%

Low density Housing area Aged population





Our Neighborhood

Only 1,200m² are used **20%**

5,500 m² to be developed **80%**

3.5 population per dwelling

Since 2000 the polygon has lost population







Urban regeneration elements

•Redefining a territorial vocation in the area

Improve educational offer at all levels with applied research

Promote new normative that allow regeneration

For redensification of housing and population

Strengthen a new urban centrality based on its territorial vocation capable of attracting and retaining talent

Through urban improvement and accessibility / mobility projects

•Attract young population linked to educational equipment

Housing and services offer



Urban regeneration elements

•Renew and expand the infrastructure and urban equipment

Through capture of capital gains

 Achieve a functional and social integration of the campus with the territory and its inhabitants

•Through public space activation projects

Search for new models of participation and social integration

- •Through the integral vision of the territory, involving several actors in a new management model
- •Generate a resilient neighborhood

Redefining the concept of resilience to adapt it to the needs of the territory









Some projects:

Research district

Improve and increase educational offer





Some projects:

Improve open green space that increase security and promote sustainable mobility

(pedestrian sidewalks and bike use)



Some Ideas





PROLONGACIÓN CANAL DE MIRAMONTES



Tecnológico de Monterrey















Strategy	Benefit	Resilience Pillar	4eTec	Implementation	Partners
WATER INDEPENDENCE & BALANCE: reduce/eliminate potable water use/water supply equal to water use/rainwater catchment; Expand waste water treatment plant	Water independence & Aquiler recharge to reverse exploitation of resource, ensure water security	PILLAR 02: PROMOTE WATER RESILENCE	ENERGY & ENVIROMENT: OUTDOOR WATER & EXISTING ENVIRONMENT	Reinwalter analysis and its impact on campus facilities to notice the risk of flooding through strategies and uses as differentian, impacts and others; program plants strategy with schedule: Landscape dange that groups plants with scheder impaction requirements. Drip implicition, water matters	CDMX Water AEP dvg in folder; ZDNE 6 Xochimiko
ENERGY INDEPENDENCE: onsite renewable, redundant systems; potential central plant expansion or future low energy/net zero	Withstand power outage, provide safe baven for community	PILLAR OZ: PLAN FOR URBAN & REGIONAL RESULTIONCE	ENERGY & ENVIRONMENT: BOCLIMATIC DESIGNE REMEWABLE ENERGY	The design clearly takes into account, local climate and incorporate passive systems and design strategies that ensure use confort and efficient use of environmenta sources, Renewable energy onities or acquired (BCs compose energy), Existing infrastructure capability analysis and improvement strategy proposal	local soloar rep colliboration/preferred vendors
increase biodiversity	increase habitat, natural sreas, recreational areas, buffer zones, clear air	PILLAR 03: PLAN FOR URBAN & REGIONAL RESILIENCE	SOCIAL DEVELOPMENT: SPACES FOR INTERACTION AND SOCIAL CRHESION	maximize open space and encourge users to occupy open space	
carbon sequestration - retain trees & vegetation	clean air/carbon sink & preserves areas with high environmental value	PILLAR 03: PLAN FOR URBAN & REGIONAL RESILIENCE	HUMAN WELL-BEING: ACOUTIC QUALITY.	Landscape strategies ensure the ideal acoustics depending on the outdoor space function/need.	ITESM tree replacement plan requirement 1:12
electric campus vehicles	reduce CO2 emissions/pollution	PILLAR 03: PLAN FOR URBAN & REGIONAL RESILIENCE	HUMAN WELL-BEING: ACTIVI DESIGN PARKING	Parking spaces for electric vehicles with priority locations and charging spots.	
Siesmic design; building, infrastructure, transportation	prevent damage during enthquakes/Rooding of both buildings and inflattructure "here could be another distarts of granther targe-magnatude extrApate occurs. Centimuous resilience building is key to protecting humon lives, howing, strategic indistructure services such as potoble water, swenge networks, the foot supply and the city's transportation network"	PILLAR OS: PLAN FOR URBAN & REGIONAL RESILENCE: PILLAR OZ: PROMOTE WATER RESILENCE	ENERGY & ENVIRONMENT: BOCUMATIC DESIGN: RENEWABLE ENERGY	The design clearly takes into account local climate and incorporate pissive systems and design strategies that evenue suse counters and efficient up of environmental sources, henevable energy omite or acquired (3% campus energy). Existing infrastructure capability analysis and improvement strategy proposal	
create public green space for social inclusion & integration	address inequality, powerly and wealth concentration, social unrist by providing access and programs & quality urban amentities	PILLAR OJ: PLAN FOR URBAN & REGIONAL RESULENCE	SOCIAL DEVELOPMENT: CORCACT TO THE EXTERIOR & PUBLIC SPACE BURBAN CAMPUS; HUMAN WILL BURG OPIN SPACE, DERENG & ENVIRONMENT: EXISTING PUBLIC SPACE	campus open to exterior (bur safe) building placement and tunkcape harmonize private/public spaces, no big facades @ pedeptrian axis, Integration seating, recycling, einkage (inutrian), integration of landcape with building design. The facability to incorporate for public use DOSTING facilities in health care, outward, green spaces, retail and commerce within the bite.	
create spaces and programs to educate students, community about resilience to be better equipped	address inequality, poverty and wealth concentration, social unrest by providing access and programs	PILLAR 03: PLAN FOR URBAN & REGIONAL RESULENCE & PILLAR 5: Innovation & Adaptive Capacity	SOCIAL DEVELOPMENT: COMMUNITY DEVELOPMENT	Empower the surrounding community and their life conditions improvement. Educate community on benefits of sustainability	
water treatment/stormwater treatment	heat waves & pathogenic micro-organisms in water	PILLAR 02: PROMOTE WATER RESILIENCE	ENERGY & ENVIROMENT: OUTDOOR WATER	water treatment	
inclusive design	integrated meeting with community and other stakehoders, surround business owners	PILLAR 01: FOSTER REGIONAL COORDINATION	SOCIAL DEVELOPMENT: INCLUSIVE DESIGN	Planning with users and neighbor input understanding user, site and community needs	

Design for buildings to educate	water resiliency, inclusion, etc.	PILLAR 05: DEVELOP INNOVATION AND ADAPTATIVE CAPACITY	SOCIAL DEVELOPMENT: COMMINITY DEVELOPMENT; ENERGY & ENVIRONMENT: RENEWABLE INERGY EDUCATION	Empower the surrounding community and their life conditions improvement. Educate community on benefits of sustainability; Continuous learning about renewable energy.	
blue & green infrastructure & increase biodiversity, low impact development/bioswales/raingardens/water basins	water management and vegetation to mitigate heat slind, flooding & increase natural habitar, isoderwith, buffer zones, clean air, boost cosystem services, prevent ponding of water and flooding during rainfall event, create receration and public encyonment when not used as flood mitigation, creats basin to hold water	PILLAR 02: PROMOTE WATER RESILENCE, PILLAR 03: PLAN FOR URBAN & REGIONAL RESILENCE	ENERGY & ENVIRONMENT: HEAT ISLAND MITIGATION; SOCIAL DEVELOPMENT: SPACES FOR INTERACTION AND SOCIAL COHESION	The reflectance values of the materials for all surfaces must be certified by a laboratory. Maximize open space and encourage users to occupy open space	
Discourage use of motor vehicles; ban car use inside perimeter of campus	Plan parking at perimeter of campus leaving interior pedestrian friendly	PILLAR 04: IMPROVE MOBILITY	HUMAN WELFBEING, ACTIVE DESIGN PARKING, ADDITIONAL PARKING	Urbain mobility integration and active mobility plans that encourage uses to transform the culture to reduce car was and transport trans. Tarking a new are not a main agifs in the campus, since it aims to be planned and an analy for users and to promote active mobility. Parking areas are located/hilded by means of vegetation barriers.	
Improve bike network and bike amenities; bike share program connecting all parts of campus to surrounding community & to other modes of transportation	bike repair stations, bike paths and bike parking	PILLAR 04: IMPROVE MOBILITY	HUMAN WELFBEING: ACTIVE DESIGN BICYCLE FACIETIES: MOBILITY	Be paths and facilities through campus. Urban mobility integration and active mobility plan that encourage users to transform the culture to reduce car use and transport stress. Strategy that reflects a direct correlation between the changes in transport means: public, bikes and walking.	
site lighting, smooth walkways and interconnecting paths throughout campus	safe and accessible campus	PILLAR 04: IMPROVE MOBILITY	HUMAN WELL-BEING: ACTIVE DESIGN MOBILITY: ENERGY & ENVIRONMENT: LIGHT POLLUTION REDUCTION	Urban mobility integration and active mobility plan that encourage users to transform the culture to reduce car use and transport atress. Strategy that reflects a direct correlation between the changes in transport means: public, bikes and walking. He using to breaker eight ally	
adaptable/flexible spaces (indoor /outdoor) that serve as shelter in place, community safe haven in times of crisis	open areas become temporary health and emergency services to the community	PILLAR 5: INNOVATION & ADAPTIVE CAPACITY	HUMAN WELI-BEING: ACTIVE DESIGN OPEN SPACE: ENERGY & ENVIRONMENT: FLEXIBLE DESIGN	Spaces are designed to be adaptable in case of natural disatter in order to serve as temporary shelter; The project has a 10 years growth plan and has the flexible spaces that can incorporate different uses through the time.	
integration of risk management & resilient strategies with neighboring business partners	share shelter/food/water/transportation/operation al strategies to ceate synergistic and economic advarrages holistically	PILLAR S: INNOVATION & ADAPTIVE CAPACITY	SOCIAL DEVELOPMENT: INCLUSIVE DESIGN	Planning with users and neighbor input understanding user, site and community needs	
Tie into City's communication platform to facilitate transparency, knowledge and action	greater response time & collaboation in times of stress	PILLAR 5: INNOVATION & ADAPTIVE CAPACITY			
Building Air Quality			HUMAN WELL-BEING: AIR QUALITY	operational standards for maintenance of HVAC	

Reduce emissions through efficiency	reduce CO2 emissions/pollution	PILLAR OD: PLAN FOR URBAN & REGIONAL RESILIENCE	HUMAA VELL-BEING: EXT UDITING; DURION & EVICINALERT-ENERGY EFFICIENCY & REDUCED USR	All LED, Lue, LPD regents: Photo cell outdoor lighting, controllability of lighting: voltage drop <1%; Opton 1: District cooling and heating: Chilled Water Control Water Cooled (Cooling Tever), Option 2: Stand-alone - Chilled water certral air cooled. "For water, air and refregerate: loom must include DTM/s (MBPT) momitoring, Option 3: In academic buildings (with classrooms) must be volumed for conflort in the space, water heaters with efficiency of the feasibility of VBP systems. "To case heating in required for conflort in the space, water heaters with efficiency of the feasibility of VBP systems." To case heating in required for conflort in the space, water heaters with efficiency at WMTR, Efficiency of the entire system of at least AWVTR; BMS, energy metering	
WASTE MANAGEMENT PLAN			ENERGY & ENVIRONMENT: WASTE DURING CONSTRUCTION & MATERIAL REUSE	If the project includes renovations, a waste management plan for demolition and construction is designed and implemented,	
LCA			ENERGY & ENVIRONMENT: HEALTHY FINANCES; LCA	Design and Construction / Maintenance Cost analysis viewend over a 30 year period; whole building and specific strategies.	
INNOVATION			INNOVATOIN	Az least 1 innovation strategy	
Cx?	DO WE HAVE Cx scope?				



DistritoTec Tecnológico de Monterrey